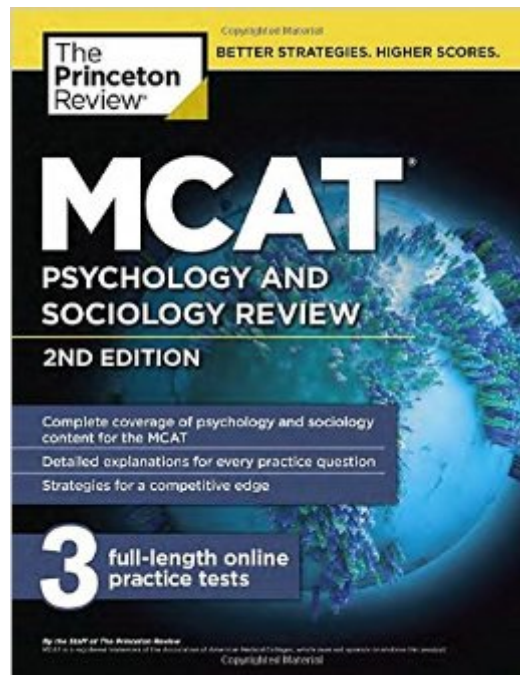


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# MCAT Psychology And Sociology Review



## Synopsis

IF IT'S ON THE TEST, IT'S IN THIS BOOK. The Princeton Review's MCAT® Psychology and Sociology Review brings you everything you need to ace the psychology and sociology concepts found on the MCAT, including thorough subject reviews and 3 full-length practice tests. Inside this book, you'll find proven strategies for tackling and overcoming challenging questions, along with all the practice you need to help get the score you want. Everything You Need to Know to Help Achieve a High Score. • In-depth coverage of the challenging psych/soc topics on this important test • Sample MCAT questions with step-by-step walk-through explanations • Bulleted chapter summaries for quick review • Full-color illustrations, diagrams, and tables • Extensive glossary for handy reference Practice Your Way to Excellence. • Access to 3 full-length practice tests online to help you gauge your progress • End-of-chapter drills and explanations • MCAT-style practice passages and questions • Test-taking strategies geared toward psychology and sociology mastery Gain Mastery of These and Other Psychology and Sociology Topics! • Psychology and Sociology Strategy for the MCAT • Biological Foundations of Behavior • Interacting with the Environment • Personality, Motivation, Attitudes, and Psychological Disorders • Self-Identity and Group Identity • Social Structure • Learning, Memory, and Behavior

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## Customer Reviews

Just wanted to point out that there is NO difference from the first edition. I went through the AAMC guide and have been using this book, Kaplan's Psych book, Examcracker's Psych book, a general

psychology textbook and a social psychology textbook. I have never taken Psych before. First off, this book has a overly large section dedicated to the nervous system which, if you have TPR's Biology book for the Old MCAT, you will notice that they are exactly the same. The other sections seem fine and I personally believe this has all + more for preparing for this section on the MCAT. It doesn't have as much info as Kaplan but has more than Exam Krackers. I wish it had a glossary like Kaplan's or was more concise like Examkrackers. This book lies somewhere in the middle. If I had to rank the books in terms of thoroughness its Kaplan > TPR > EK. If I had to rank them on overall helpfulness its EK > Kaplan > TPR. The advantage of this book is that it has the most questions and still hits all the content but it is a rather boring textbook-like Prep book. Take my advice with a grain of salt since I have not taken the MCAT yet but I have read/skimmed all the books.

The Princeton Review is superior to ExamKrackers for this particular section of the MCAT. I read criticisms that this particular book reads more like a textbook; certainly, if you've recently taken psychology or sociology it may be overkill. As someone who is several years removed from those courses, I found the thorough and comprehensive review beneficial. The end-of-chapter bullet points summarizing key ideas and subsequent practice questions were useful and on par with my MCAT experience. My approach was to read through the book, taking notes as needed. I then entered the terms from the glossary into a flashcard app, reviewing weak areas as needed. This step was absolutely crucial to my success - actually typing out the meaning of each term will help solidify your knowledge base. That being said, no one resource can fully prepare you. I ran into terms on practice exams and the official guide that were not mentioned in this text. I recommend looking up any new terms you run into - whether asked directly or included in the background as an answer choice - and adding them to the flashcard deck. Taken together, this strategy and using TPR earned me a 130+ on the Psychology/Sociology section of the MCAT. Good Luck!

Pretty good, could use more passages but it's clear and the illustrations and tables are nice. My only qualm is that there could be more mnemonics or something to help memorize since there are so many terms.

Good book!

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